Sometimes I am overwhelmed at how fortunate we are to have so many generous, caring, and creative volunteers. These people, and there are many of them, value the library’s service to the community and find remarkable ways to use their unique talents to support our mission. From working at Re-Reads bookstore to weed whacking the lawn, the library would be a much different place without their expertise and contributions.

On every page of this newsletter you can see the importance that our community places on their library—and we aim every day to hold up our end of the bargain. With volunteer help we have been able to expand programming to include ESL classes, computer classes, genealogy classes, public interest lectures, kids’ programs, and more. In addition, Friends of the Library volunteers who work at Re-Reads indirectly pay our phone bill, for supplies, newspaper subscriptions, and more through the revenues the store provides.

We live in a region full of gifted people! You can play a role by bringing your specialty to the library. We will likely have a way to include you in our programs, either on the front lines or behind the scenes. Virtual volunteers are needed as well.

Thanks to all our volunteers, every day.

-Paige Delaney

Current Open Volunteer Positions:
- Shelf Reading Specialist
- Circulation Assistant
- Teen Programming Assistant
- Children’s Programming Assistant
- Job Search Coach
- Landscaper/Gardener

Call Paige at 432-837-2621

SRU student Cymone Smith researches rare book values.
Marathon branch manager Carol Townsend and volunteer Jackie Boyd
Marilyn Terry and James Beaulieu at Dia de los Niños.
Jim Robertson, ESL tutor and computer education instructor

Volunteers Lead the Way

Left: Kathy Bark provides free childcare for ESL learner families
Right: Dr. David Martin juggles for the kids at Dia de los Niños.
APL to Expand Programming to South Brewster County School Libraries

Alpine Public Library will begin providing library services to South Brewster County residents this summer. As the non-profit library receives regular funding support from the county, this is a natural and significant evolution. Bookmobile operation and maintenance costs are extremely high, and planning for one is as complicated as opening a new branch. The cost and manpower required by the current new library construction project means that a bookmobile is not even under consideration at this time.

The libraries at both the Big Bend HS/Terlingua Elementary School in Study Butte and the San Vicente school at Big Bend National Park experience high costs and relatively low usage. APL hopes to begin partnering with both schools this year, with regular programs and deliveries beginning in the fall when classes resume. School librarians Martha Stoddard in Study Butte and Margaret Matthews at San Vicente are uniquely positioned to bring quality library programming to the students at these remote schools. They hope to bring more families and resources into their libraries while keeping school costs down. Working with APL seems like a good fit.

Both schools will receive interlibrary loan books through APL, greatly reducing their costs for loan postage. APL Children’s Librarian Mary Beth Garrett will conduct children’s programs for all grade levels at both schools, including Pajama Story Time, science programs, and special events. The Big Bend School library will function as a meeting location for the APL’s ESL for the Big Bend tutoring program, making free English language classes available to and convenient for south county residents. Finally, APL may be able to help the Big Bend National Park Employees’ Association revamp their community lending library. This facility needs repair and/or remodeling, restocking, and volunteers. Plans for this library are pending these other more pressing issues.

South County residents who sign up for a free Alpine Public Library card have access to all services, but now books, movies, and other materials will be delivered once per week via staff and volunteer couriers. (Non-county residents can receive a six-month visitor card for $15.) As these locations are 80-100 miles away from Alpine, the costs of providing these new services will not be insignificant. Volunteer drivers, sponsors, and grant money will make this possible. We hope to use our funding from Brewster County to help sustain our South County work.

The Marathon Branch will similarly begin receiving more regular weekly book deliveries from the main library, 26 miles away.

If you would like to participate, or help to sponsor the expenses of this service, please call the Alpine library at 432-837-2621.

“In an area as geographically and culturally diverse as Brewster County, it should be part of our public library’s mission to include people not only from Alpine and Marathon but also from South County.”

-Kathy Bork, President APL Board of Directors

Outreach Update

The outreach program team continues to seek ways it can best serve Alpine. Ken Durham still supplies the hospital waiting room with magazines of interest. Gayle Lewis reports that the new Spanish language books on the jail library shelves fly off almost as fast as she puts them there. Cindy Sotelo faithfully delivers books every week to Alpine residents who find it difficult to come to the library themselves. If you or someone you know is in need of this kind of service please contact Cindy at 837-5209.

-Gayle Lewis
Bilingualism and the Brain

I have written and spoken many times about the concept of “brain reserve” which refers to the development of cellular connections that provide a type of synaptic density (like a jungle of connections in the brain) throughout the cortex. It is thought that brain reserve is a reflection of a healthy brain and further helps to delay onset of neurodegenerative diseases including Alzheimer’s disease (AD).

A new study indicates bilingualism is another avenue to building brain reserve and a potential delaying agent against dementia. Interestingly, language development has been a consistent and robust correlation of brain health and a protective factor. The development of a second language early in life has typically been the focus of study, however the development of a second language, even some parts of the language, appears to be beneficial from a health perspective. The research from Toronto, Canada found that of the 450 Alzheimer’s patients studied (all with same level of impairment), those who were bilingual were diagnosed with the disease four to five years later than those who spoke but one language. The study results were presented at the American Association for the Advancement of Science. The scientists believe the learning of a new language helps to develop the executive system in the frontal lobe that might help to provide a buffer against the ravages of dementia.

Within a brain health lifestyle, mental stimulation and exposure to the novel and complex are essential. This one pillar of my brain health lifestyle helps to build reserve. Language development, including a second language, fits with this approach. The study also comes on the heels of another study that found a correlation between deafness or reduced auditory input and risk of dementia. The possible factor in that relationship is the increased risk of isolation for the person and the brain if incoming information is not processed. Isolation has been established as a consistent factor with risk of dementia.

Language and language development is a critical behavior for brain health. Consider learning some parts of a new language including sign language as part of your proactive brain health lifestyle.
Don Wetterauer, president of the Friends of the Alpine Public Library, was welcomed onto the library board of directors in May. Don’s expertise with construction and his many years of experience working with library operations and programs make him a valuable addition to the board. Don is also an ESL for the Big Bend tutor and a Re-Reads volunteer.

Re-Reads Bookstore
A project of the Alpine Public Library
Support your library by enjoying quality used books at great prices!

Ave. E at 7th St.
Now open 6 days a week!
Mon-Tues 10-4 / Wed-Sat 10-5

Friends of the Alpine Public Library
Membership

Now is a great time to join or renew your membership in the Friends! No need to attend meetings to join! Your contributions of dues or volunteer time are invaluable to library operations. Here is what some Friends have to say:

“I am a former librarian and realize a small town needs financial help with its library. Joining the Friends is a little something I can do to help.” — Mary Kay Golden

“I like to read and one way I ‘go green’ is to use the library instead of buying books. Being a Friends member just makes sense.” — Margaret Bumpas

Benefits of membership
With your Friends membership card, you receive:

- Free faxes, copies, and prints at the library
- Discounts and fast-track communications about books and sales at Re-Reads used book store
- Warm fuzzy feelings about supporting your local library!

Upcoming Friends Events:
- Rare Books Sale
- Helping to organize and move the library to its new location
- Sidewalk book sales
- Book Recycling

Meetings resume in September. FAPL meets at noon on the Tuesday before the second Thursday of every month at the Alpine Public Library. Everyone is welcome!

APL Lecture Series
The Alpine Public Library lecture series is bringing in interesting and informative speakers to library visitors in 2011. Snakes of the Trans-Pecos, Peyote Cacti, How to Publish Your Writings, and Gardening: the Cure for Nature Deficit Disorder were among the talks presented at the library this spring. Karl Peterson, Dr. Martin Terry, Jim Glendinning, and Martha Latta all offered their expertise to a full room. These lectures are free and open to children and adults. If you are an expert in your field and would like to give a talk at the library, please call Paige at 837-2621.

Friends of the Alpine Public Library 2011 Membership and Renewal Form
We are a nonprofit group of citizens who believe that any community is a better place to live if it has a first-rate library. Please fill out this form and send to Membership, FAPL, PO Box 886, Alpine TX 79830. Your tax-deductible dues may be paid with check or money order (payable to Friends of the Alpine Public Library). Memberships run for 12 months from the date you join.

Dues support the ongoing operations and programs of the library. Your personal information will not be shared.

Last Name: ________________________ First Name(s): _______________________________

Mailing Address: ________________________________________________________________

City: ___________________________ State: ____________ ZIP: _________

Phone: _____________________ E-mail (saves us postage): ____________________________

Annual Membership Type

- Senior (65+)/Student: $10.00
- Individual: $20.00
- Family: $25.00
- Business: $50.00
- Patron: $100+
- Donation: $_________

Dr. Martin Terry discusses peyote cactus biology and folklore.
English Tutoring Update

In our last issue you read about the library’s new English as a second language tutoring program. Since March this program has expanded by leaps and bounds, and is still growing. Program coordinator Lee Smith has trained thirteen tutors and completed placement testing for fourteen learners. Tutors have been working with students at all hours and locations, which highlights their dedication and commitment to helping learners succeed.

Our volunteer tutors come from varied backgrounds and all have great talents and expertise to bring to the program.

Two childcare volunteers have helped to occupy learners’ children while they meet with their tutors.

The program is already spreading to South County, where tutor Cynta de Narvaez will meet with learners at the Big Bend school library.

The next tutor training session will be held after the summer. We have a waiting list of 16 learners, so we definitely need more tutor volunteers. If you would like to join this exemplary group, please call or stop by the library.

Dollar General Literacy Foundation granted APL $3,100 to pay for ESL materials and program supplies. With these funds we are able to provide free student and tutor books, making the program completely free for all learners.

We are very grateful for these donations! Union Pacific and Dollar General are truly great community neighbors.
On April 30, the Alpine Library held its first Dia de los Niños Fiesta with over 250 people and kids enjoying free food, books, story telling, and more. 

Sponsored by Murphy Street Raspa Co., Vast Graphics, and Magoo’s Place, the party is an annual library celebration of kids, books, and bilingual literacy. Kids received free English-Spanish books funded by the Union Pacific Foundation. 

Thank you to volunteers Cristina and Victor Noriega, Grupo Allegro, Darcy Newcomer, Andrei Rentaria, Ali Munoz, Marilyn Terry, David Martin, Audrey Painter, Shelley Dreiss, James Beaulieu, Martha Sanchez and her talented dance troupe, and Cosme Constantia. The Fords of Alpine, The Marburgers of Alpine, Gayle Lewis, Kathy Bark, Betty Fitzgerald, Mary Jane Morgan, Diane Brown, and Jodye Stone all donated food and materials. Thank you to the library staff, who put in extra hours and effort to make this event happen. Mary Beth Garrett, Janie Ferrell, Nora Ohnishi, and Valerie Howard. This was truly a community effort. Thank you! Anything we can do to get kids into the library will help foster their love of reading and encourage bilingual literacy. We hope all parents will please take advantage of our free services, materials, and programs at the library every day!
Kids’ Page

Kids—Come to the library and sign up for Summer Reading! The theme is “Dig Up A Good Book.”

Summer Reading Program: Ages 6-10
Story time, reading activities, math games, science activities, and craft projects. Register at the front desk!

Summer Reading Challenge: All ages
Pick up an excavation reading-log at the front desk. For every book you read, you will receive a fossil or artifact sticker! Find all the fossils and artifacts and receive a prize! Prizes available July 28—August 31.

Toddler Time: Ages 0-5
Learning centers and story time for infants, toddlers, and preschoolers. This hands-on program can be messy. Please wear play clothes!
Library Seeking Sponsors

Would you like to see your business logo on our webpage, which gets 14,000 hits per month? What about in our newsletter, which is mailed and emailed to approximately 500 addresses four times per year? Would you like your logo viewed by 8,200 library computer users as a screensaver every year? It is possible! The library is seeking business sponsors who receive advertising benefits for their support of library operations and programs. If your business employs or serves our patrons, you are eligible and encouraged to participate. Your support of the library allows your employees and their families to enjoy free books, internet access, movies, and much more. Support your employee base by helping to provide them with free children’s programming, language and computer tutoring, public interest lectures, and book clubs. If you are in Marathon, please consider sponsoring our staff travel costs to deliver books and supplies back and forth between branches. These expenses add up! Contact Paige and we can find a creative way for you to help.

PLEASE SUPPORT OUR NEWEST SPONSOR Big Bend Coffee Roasters! BBCR now sponsors our Friday Coffee for Seniors program by providing free fresh-roasted coffee every month. Our senior patrons are enjoying coffee in our relaxing courtyard every week. THANK YOU!

big bend coffee roasters