



Between the Lines

New Library Update

Beautiful, isn't it? Our new library is growing before our eyes! Persistence has paid off and we are now regaining construction momentum to begin work on the interior. Serious fundraising remains to be done, however, before we can open the doors.

At press time the plumbing rough-in and overhead insulation were nearly complete. Next comes the heating and air-conditioning ductwork, which must be complete before sheetrock can be hung.

This summer we have received generous donations from the Union Pacific Foundation (\$5,000), Brewster County (\$2,500), and the estate of Jim Francois (\$5,000). The Tocker Foundation in Austin has pledged \$50,000 toward furniture and shelving. We have also received over \$6,000 in local donations for our opening day

collection of new books! Pending grant proposals for furniture and other equipment total over \$400,000. Everyone seems excited to see the new library open for business, and we hope that these applications are successful. Your cash donations are always the fastest way to keep construction moving! Thanks to everyone who has helped with this phase.

Upcoming fundraising events include the ArtWalk Silent Auction on 19-20 November. The auction committee, chaired by Jodye Stone, is

already working on plans and preparations for this high-attendance event. Mark it on your calendar! We will be recruiting volunteers for this event soon.

Here at the library we are busy brainstorming new programming ideas for our new facility. We hope to expand our services with new teen and adult programs, classes, and presentations. We hope to expand our community partnerships, as well, to provide services beyond our staff and budget capabilities. Stay tuned!

-Paige Delaney

Open House, June 2010

Right: Tom Hatch, architect, Kathy Bork, president, and Jenny Grisham, loyal library supporter



Library supporters Bette Kelly and Mayor Jerry Johnson



Friends of the Library Martin and Marilyn Terry

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FRIENDS OF THE LIBRARY OFFICERS:

DON WETTERAUER, PRES.
CONNIE ROE, VICE-PRES.
KAREN BOYD, PAST PRES.
KAREN BOYD, SECRETARY
KAREN BOYD, MEMBERSHIP

PAIGE DELANEY,
NEWSLETTER

PAIGE DELANEY,
LIBRARY DIRECTOR

LIFETIME MEMBERS

LIFETIME MEMBERSHIP IS AWARDED FOR EXCEPTIONAL SUPPORT OF THE LIBRARY.

VERNA BONNER
KATHY BORK
KAREN BOYD
SUSAN CURRY
ANTOINETTE EDMONDS
ELDERS & SISTERS OF
CHURCH OF JESUS CHRIST
LATTER-DAY SAINTS
MARY BETH GARRETT
GAYLE LEWIS
VAN ROBINSON
CHRIS RUGGIA
ELLEN RUGGIA
MARILYN TERRY
DICK ZIMME
JEAN ZIMMER

Re-Reads Volunteers are TOPS!

Re-Reads (RR) is a profitable project operated by the Friends of the Alpine Public Library. The proceeds permit the Friends to designate funds for the phone bill (which includes internet access) and other daily operating expenses of the library.

How can RR be a money maker when our paperbacks sell for only \$0.50 and hardbacks for \$2.00? The answer is our volunteers and our book donors. This combination means RR has virtually no expenses. Volunteers work 22 hours per week. Each volunteer shift is 3.5 hours as the time fits their schedules. Some work one shift per month and others work up to 4 or 5 per month. The overall schedule is quite flexible and since

there is no way to predict how busy a shift will be there are times the volunteers may be able to read or otherwise entertain themselves during most of their shift. On the flip side, some shifts may be rather hectic.

Currently there are about 20 active volunteers who are contacted before the first of the month and a schedule is established for one month. Flexibility is necessary because from one to five volunteers will probably need to change during the month due to health, family, ball games or innumerable other reasons.

With all of this our volunteers are THE BEST! We share with our customers the love of books. If you haven't been in recently, stop by RR and see why other library book shops say we are a standard by which to be measured. Thank you to our volunteers and our patrons!

-Karen Boyd

Who is that Intrepid Woman?

Have you seen her zipping about the tri-county area with that tri-wheeled piece of adaptive technology? Her walker functions very much like a tractor, while it reflects its driver's personality. They are both flexible, resilient, and prone to venturing into uncharted waters. Together the woman and her walker will venture just about anywhere.

You may have run into them fording Limpia Creek, dodging sprinklers at the Gage Gardens, picking up some exotic Indian curry at the Farmers' Market, fondling cashmere fibers at Wild Woolies, or peddling paperbacks at the Re-Reads Bookstore where she works. This gal's voracious appetite for a good read mirrors her zest for exploring new frontiers. She is a *lexophile*. She is as deft with words as she is with wheels, whether those wheels are attached to her walker, a book truck, her little red wagon, or her *Mercedes*.

This ubiquitous *wheelwoman* is Karen Boyd, secretary and membership chair of the Friends of the Alpine Public Li-

brary and volunteer coordinator at the library's ReReads Bookstore.

The next time that you visit Re-Reads be sure to ask Karen about her adventures in Borneo!

Re-Reads Bookstore specializes in gently read books offered at gentle prices. The store is located on Avenue E behind the Alpine Public Library and is open for your browsing pleasure Monday through Saturday from 10-5. You will find Karen on Mondays and Tuesdays, Wednesday mornings and Friday afternoons.

-Connie Roe

RE-READS BOOKSTORE

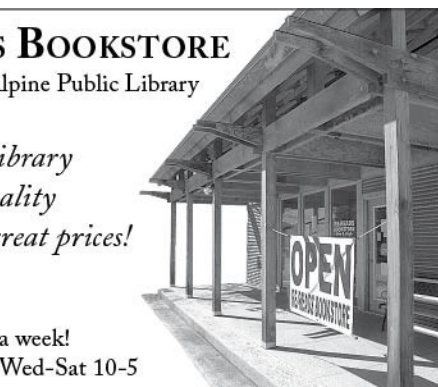
A project of the Alpine Public Library

*Support your library
by enjoying quality
used books at great prices!*

Ave. E at 7th St.

Now open 6 days a week!

Mon-Tues 10-4 / Wed-Sat 10-5



Karen Boyd, Re-Reads volunteer coordinator and bookseller

A young expectant mom, in perhaps her 6th or 7th month of pregnancy, popped into Re-Reads the other day in search of a book to help her choose a name for her baby. Marilyn, one of our bookstore coordinators, quickly guided her to the ever popular Self Help section of the store where the mom was thrilled to find, *The Baby Name Book*. "Thanks so much," she said. "I've been all over town and this is the only place in Alpine that had what I needed!" So, if you are looking for a particular type of book, or a particular title or author, make sure that ReReads Bookstore is your first stop.

-Connie Roe

Special Donations

IN MEMORY OF

Jim Francois:
Sylvia "Teeby" Forchheimer

Shane Williams:
AHS Class of 1990

Joyce Hammer:
Roger & Katherine Allen

Katherine Stone:
Amy D. Stone

Bill McLeod:
Anne Calaway
Diane & Donald Brown
Kay & Don Green

Evelyn Stehling:
Kathy & Albert Bork

William H. Goetzmann
Kathy & Albert Bork

Vic Morgan's Knee:
Kathy & Albert Bork

Lillian Marks Stobie:
Bennye Sims Meredith

Ralph Meriwether:
Barbara V. Walker
Ben & Betty Tanksley
Jeff & Stephanie Haynes
Mary Stringfellow
Clayton W. Williams
Sylvia "Teeby" Forchheimer
Barbara V. Walker
The Ben Medley Family
Kathryn & Edwin Tetreault
Mr. & Mrs. King Terry
Jack, Mildred, & Dan Roach

IN HONOR OF

Kathryn Bork:
Ken Durham & Patsy Culver

Cassandra Gutierrez & Marcos James
Ramirez:
Josie R. Ramirez

Valerie Howard:
Ken Durham & Patsy Culver

David Seals:
Judge Kenneth D. DeHart

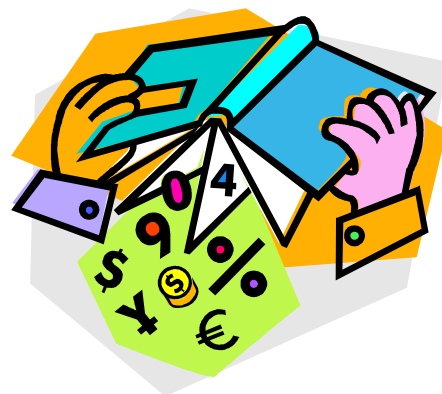
Brain Reserve Is Worth Building!

Interest in the human brain is at an all time high with both scientists and the general public reading, learning, and writing more about this great system. There is much discussion and even tension about what the brain can and cannot do, whether it has certain capacities or not, and what can be stated with some confidence and what cannot.

While it is true we need to conduct more, well designed, controlled studies, certain things are true of the brain today:

1. The human brain is the most complicated and brilliant system known.
2. The human brain has plasticity which means it can be shaped, is dynamic, and constantly reorganizing.
3. The human brain generates brain cells in the hippocampus and most likely the olfactory system.
4. Cognition changes as we get older, but there remains great variability particularly at the oldest of age.
5. Proactive lifestyle factors relate to improved brain health.
6. Brain reserve continues to gain support as a mechanism to delay onset of dementia.

The latter point was reinforced yesterday in a major article in the USA Today (9-2-10) that described a study that will be published in Neurology. A research team at Rush Presbyterian conducted a 12 year study that evaluated the mental activities of 1,157 people 65 years of age and older who did not demonstrate dementia at the start of the study. Study participants were assessed at the beginning of the study and again for Alzheimer's at the six-year period. After that, each participant was evaluated every three years to measure how often they participated in activities such as reading, listening to the radio, playing games and going to the museum. A five point scale was used with more points



earned for more frequent participation in mentally stimulating activities.

Results indicated the rate of cognitive decline for persons without dementia was reduced by 52% for each point on the cognitive activity scale. For persons with Alzheimer's the average rate of decline per year increased by 42% for each point on the same scale. The research team described their findings using the cognitive construct of "cognitive or brain reserve" which suggests that **an active and stimulated brain creates new neural pathways which over time can help to delay onset of neurodegenerative diseases** such as Alzheimer's. This is not a cure.

Researchers were less clear why persons who are mentally active demonstrate a rapid decline once Alzheimer's manifests. One idea might be that reserve helps to delay onset of Alzheimer's, but once the disease manifests clinically it is already in an advanced stage with an accelerated rate of decline. The good news for this study is that **there is benefit to the brain from remaining mentally stimulated across the lifespan**. Brain reserve is something worth building.

Dr. Paul Nussbaum, PhD
Www.fitbrains.com
September 3, 2010

Meet the Library Board of Directors

Many of you might not know our board of directors personally. Here is a short roll call of the hardworking and selfless creative team who are making our new library a reality.



Kathryn Bork, *President* Kathy Bork moved to Alpine from Austin in 2002 after retiring from the Legislative Budget Board. She has worked as a copyeditor since 1978, primarily for university presses and with a focus on Latin American studies. She has been married to Albert Bork since 1968. She has a BA from the University of Texas-Austin in Spanish and Portuguese and an MLIS from the same university. She paints violently colored abstracts in a largely unsuccessful attempt to relieve stress. If she could be anything in the world, she'd be a torch singer à la Michelle Pfeiffer in *The Fabulous Baker Boys*. Her favorite musicians are Adam Bork and Jennifer Warnes.

Mary Jane Morgan, *Vice-President* Mary Jane is a retired high school mathematics teacher, retiring after thirty-four years in the classroom. She taught 25 years at Alpine High School. She has lived in Alpine for 36 years. Mary Jane is active in the community, and enjoys her work with the Alpine Public Library. Serving as chair of the Capital Campaign has been a rewarding experience for her, and she is excited about the opportunity to see the new Alpine Public Library completed.



Ken Durham, *Secretary* Ken and his wife Patsy Culver bought property in the Alpine area 15 years ago and began building their home here in 2000, coming out every chance they got until permanently moving here in 2007. His interest in libraries started early, when his mother would drop him off at the Ft. Bliss library during hot summer months because it was one of the few places with air conditioning. Funny how a simple decision can have a profound, life-long impact.

Chris Ruggia, *Treasurer* Chris was President of the Friends of the Alpine Public Library from 1998-2001, and has served on the Board of Directors since 2005. With his wife, Ellen, he operates a graphic design studio, Vast Graphics (vastgraphics.com). He also draws and writes comics (jackcomics.com). Drawing by Chris Ruggia.



Anne Calaway Anne ranches with her husband, Malcolm, on the Boot Ranch, 18 miles East of Alpine. She has a masters degree in speech pathology from SMU. Anne works part-time as a contract, private practice Speech Pathologist. She has lived in Brewster Co for 30 years, and is a CASA volunteer and an avid gardener. Anne's favorite pastimes include cooking and reading, playing Rummikub, and watching ANY episode of Mad Men. Malcolm and Anne are blessed with 2 sons, Troy and Joseph, and a daughter-in-law, Kelli. They are waiting for grandchildren. Drawing by Chris Ruggia.



Pete Peterson is the Investments Officer at West Texas National Bank in Alpine. Pete is a native of Dallas, Texas. He and his wife Carol have lived and worked in Alpine since 2002. Pete serves as a Commissioner on the Texas Historical Commission and as a member of the Board of the Friends of the Governor's Mansion. He is past president of the Board of Leadership Big Bend, a member of the Boards of the Alpine Public Library, the Museum of the Big Bend, the Friends of the Center for Big Bend Studies, the Davis Mountains-Trans Pecos Heritage Association and the Alpine Ambassadors. Pete is a member of the Rotary Club of Alpine, and member of The Big Bend Friends of NRA Board. In his spare time, Pete enjoys traveling with Carol, the shooting sports, photography, bicycling, and working with his bird dogs.

Juliette Forchheimer Schwab Juliette has long-time family ties to Alpine. Her grandparents, Louis and Matilda Forchheimer, moved here in 1923 and opened Forchheimer's Department Store. Juliette moved here with her parents and brother in 1951, and graduated from Alpine High School in 1966. She has a BBA from UTEP, a major in communications from Cal State Long Beach, and an MA in Liberal Arts from Sul Ross. Juliette returned to Alpine in 1994 and married Gregory Schwab. He is currently Associate Vice-President for Enrollment Management, at Sul Ross, where he also teaches theatre. Juliette was an educator for 36 years, all levels from elementary to university. She most recently taught Developmental Reading and Theatre at Sul Ross.



Carol H. Fairlie Ms. Fairlie is a Professor of Art at Sul Ross State University, Alpine TX, where she teaches watercolor, oil painting, drawing, figure drawing, and printmaking. She studied painting for four years at the Pennsylvania Academy of Fine Arts, received her bachelor of fine arts from Texas Woman's University and her master of fine arts at the School of Visual Arts / University of North Texas. Nationally recognized, Fairlie has had numerous solo exhibitions and participated in many national juried exhibitions. She holds signature status in Watercolor USA Honor Society, the Philadelphia Watercolor Society and in the Watercolor Art Society Houston. She received the Outstanding Faculty Award in 2008 from Sul Ross State University.

Tom Michael Tom is General Manager of KRTS 93.5 FM, the only regional radio station in Far West Texas, reaching six counties. Tom is chair of the library public relations committee.



Anna Kreger Anna is originally from Lubbock TX and moved to Alpine with her husband in 2004 to attend SRSU. She graduated from Sul Ross in May 2008 and is currently the Child Care Services Coordinator for the rural counties of the Upper Rio Grande region. Anna has always loved reading and her favorite book is The Eyes of the Dragon by Stephen King. Anna and her husband Christopher are the proud owners of a beautiful dog named Orabel Tailwagger and kitties Wide Load and Kitty Boy.

Brewster County representative: Judge Val Beard

City Council representative: vacant

Staff News

Paige Delaney, Executive Director, has begun fellowship work with the Transforming Life After 50 consortium of librarians and researchers. The fellowship is funded by a grant from the Institute of Museum and Library Services through the California State Library and is aimed at developing new strategies to serve and engage mid-life adults in libraries. Librarians from eleven states are participating in the year-long series of studies including longevity, strategic facilitation, community assessments, partnering and programming, volunteer

engagement, and program metrics. The fellows will work together to advance change in library practices everywhere.

Because adults are living longer than ever, libraries have an increasing opportunity to provide a neutral space for discussions, personal development, and lifelong learning. The Boomer population is reaching this stage now, and many are looking for meaningful post-career vocation. We hope to provide enhanced volunteer opportunities both at the library and in partnership with other community organizations. Other mid-life adults

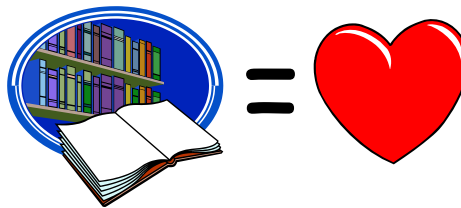
are looking to re-enter the workforce, and the library is the ideal place to begin a search for an encore career. Adult programming ideas include retirement and finance seminars, computer education, and subject-specific lectures based on community interests. The library will continue to provide traditional materials and programming for all ages.



Best wishes to **Valerie Howard**, Alpine Technical Services Librarian, who began her master in library sciences program of study at the University of North Texas this fall. Valerie has a bachelor of fine arts from the University of Houston. Valerie says, "Getting my master's is a lot of hard work, but it has already improved my work at the Alpine Public Library. Don't be afraid to put me to the test! Call or stop by and ask me a reference question."



Congratulations, Nora! **Nora Franco**, library Bookkeeper and Circulation Assistant, was married to Masahiro Ohnishi on Friday, September 3. Some of you probably know Masa from his hard work at the Chihuahuan Desert Research Institute. They will enjoy a very long honeymoon in Japan this winter.



Library Offers Genealogy Classes



Jodye Stone, former assistant director at Alpine PL, presented several genealogy classes during the summer at the library. Both sessions were filled to capacity with folks eager to learn how to trace their ancestry and family history. While everyone had different reasons for investigating their family tree, all found the websites and resources Jodye presented to be useful and interesting. We hope to make this a regular event at the library.

The Friends of the Alpine Public Library meet at the library on the Tuesday before the second Thursday of each month at noon. All members are encouraged to attend!

**203 N. 7th Street
Alpine, TX 79830**

Kid's News

Marathon

Marathon Branch receives Texas Reads Grant

Marathon Public Library received a grant to purchase books and craft supplies for the Toddler Time program, held every Wednesday at 11:30am. This grant is made possible through the Institute for Museum and Library Services and the Texas State Library and Archives Commission.



Marathon Branch receives Texas Book Festival Grant

The Marathon branch has received a grant from the Texas Book Festival to implement a new outreach program for patrons unable to visit the library due to physical limitations. Carol Townsend, branch manager, said, "The Marathon Public Library Homebound program is appreciated by our local patrons who cannot make it to the Library. It helps them receive books that they would not have available to them." Please call Carol at 432-386-4136 to arrange for book deliveries to homebound residents in Marathon. The program is funded by the Tapestry Foundation, a sponsor of the Texas Book Festival.



"I'm a scientist now!"

Alpine

Mrs. Garrett: "The statue of liberty - a gift to America - was made by what country?"
Kids: (in unison and with hesitation) "China!"



APL offered fun summer science activities for kids at the Community Center. For more information about children's programs, contact Mary Beth Garrett, Alpine Children's Librarian, at 432-837-2621.

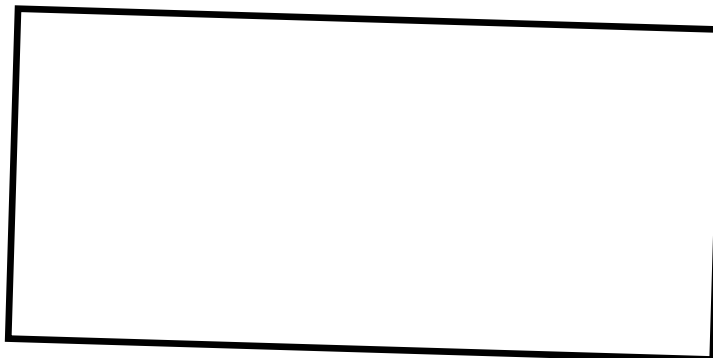


The Reading Fairy makes an appearance at the Alpine Toddler Time program.

**Friends of the
Alpine Public Library**

PO Box 886
Alpine, TX 79831

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If you've received a hard copy of this newsletter but you prefer e-mail, or if you have received multiple copies, please let us know. Each email address saves us about \$2 per year! Thanks.



**New Friends Business Members
Summer-Fall 2010**

Alpine Christian School
Alpine Veterinary Clinic
Barmore Plumbing
Bikeman
Carpenter Real Estate
Dance & Fitness Studio
Fort Davis State Bank
Big Bend Telephone
Knit One Crafts Too
Lobo Mini Storage
Blue Sky Productions

Marilyn Terry Massage
Therapy
Rob Matthews, Accountant
Morrison True Value
Radio Station KVLFF/KALP
Something Special
Talley-Reed Insurance
The Cleaners
Transpecos Banks
West Texas Appraisal

Join us for our
Fall Sidewalk Sale
Saturday, October 23
9:30-3:00
\$5 per bag
Alpine Public Library

All of the books in our ga-
rages must go!

Come early, come often,
stay late!

Be an early bird and take
advantage of the greatest
selection.

Stay 'til 3:00 and take
advantage of the best
prices.

Stay all day and enjoy the
ambiance.

See you at the sale!